

# Rage.

Men in our society are hurting. They are struggling with rage they don't understand. There is pressure from all sides: their families, their jobs or unemployment, a culture that says they have to be tough and never admit weakness. They are supposed to be in control, but what happens when they are faced with crises they can't control?

Far too many men can't handle it. They have never been given the tools. They have never benefited from the wisdom of stable, present fathers. As adults, even if they are married, employed, or have buddies, they feel alone. They long for something that is missing, but can't express it. But, they do feel rage. RAGEWorks invites them to change their lives for the better.

## A Nation In CRISIS:

Who doesn't know of at least one man who has seriously struggled with rage and all the pain that comes with it?

These men are not isolated cases and they are losing the battle. We see the results in the news, on the streets, and, most tragically, in the next generation.

When we consider the national rates of addiction, violence, and suicide, the need to build RAGEWorks programs to full capacity becomes all the more urgent.

## Some FACTS:

- Over half of all suicides are men ages 25 - 65.
- In 2011, 80.4% persons arrested were men.
- Average debt by US male gamblers is \$55,000 - \$90,000.
- A Journal of Abnormal Psychology study shows men more likely to externalize emotions leading to aggressive, impulsive or coercive behaviors.

## Our ANSWER:

There is no magic key. But whatever a man is going through there is another man who has gone through the same and faced the challenge without resorting to destructive behaviors.

Our most powerful tool is to provide him with local resources and a safe place to talk and begin to identify what is really going on in his life – the root cause that has led to his rage and self-destructive behaviors.

The full build out of the RAGEWorks program will provide multiple avenues to **CONNECT** a struggling man with others who have successfully faced their demons. At RAGEWorks each man can find the courage to **ACT** to change his life. From there, every man we work with will be empowered to **LEAD** help those men who are struggling – men who are just like he was.



## About:

RAGEWorks was founded in 2006 by Dr. Michael LeRoux to help disconnected, angry men struggling with addiction, broken relationships, lost jobs and other crises. RAGEWorks offers the help these men – and their families – need to turn their lives around.

RAGEWorks is a 501(c)3 organization that helps men break the cycle of despair that all too often leads them to harm themselves or others. By providing a comprehensive web of resources offered by proven men leaders, RAGEWorks provides men with the opportunity to **CONNECT** with successful men, **ACT** to make meaningful change, and **LEAD** purposeful and service-filled lives.

**Our mission is to provide positive communication outlets for men to become better leaders both at work and at home.**

## A Fully Realized Vision How RAGEWorks Changes Lives

RAGEWorks began as one man's passion to make a difference for men who are part of these terrible statistics. These men are not just numbers. He knew in his heart that these numbers – and these lives could change – if he stepped up, if he got others to join him.

RAGEWorks has a very ambitious plan to implement a full complement of programs to address a nation of men in crisis. To best illustrate the potential and power of RAGEWorks, we invite you to step up. **CONNECT, ACT and LEAD.**

*"There is no magic key out there. Whatever a man is going through in his life, there is another man who has gone through the same challenges, but in the end chose a different approach. He faced the challenge through peaceful means, without resorting to destructive behaviors."*

**-- Dr. Michael LeRoux, founder**



**capacity building campaign**

**CONNECT**  
**ACT**  
**LEAD**

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